

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM 144

NOTICE OF PROPOSED SALE OF SECURITIES
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

ATTENTION:

Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

| | | | | | |
|--|--|----------------------------|--|---------------------|--|
| 1 (a) NAME OF ISSUER (Please type or print) | | (b) IRS IDENT. NO. | | (c) S.E.C. FILE NO. | |
| Nexstar Media Group, Inc | | 23-3083125 | | 000-50478 | |
| 1 (d) ADDRESS OF ISSUER | | STREET | | CITY | |
| 545 E. John Carpenter Freeway, Suite 700 | | TX | | Irving | |
| 2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD | | (c) RELATIONSHIP TO ISSUER | | (d) ADDRESS STREET | |
| Dana Zimmer | | Executive VP | | 624 W Allens Ln | |
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TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

| Title of the Class | Date you Acquired | Nature of Acquisition Transaction | Name of Person from Whom Acquired (If gift, also give date donor acquired) | Amount of Securities Acquired | Date of Payment | Nature of Payment |
|--------------------|-------------------|-----------------------------------|---|-------------------------------|-----------------|-------------------|
| Common | 9/19/21 | RSU | ISSUER | 2,500 | 9/19/21 | Cash |

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

| Name and Address of Seller | Title of Securities Sold | Date of Sale | Amount of Securities Sold | Gross Proceeds |
|----------------------------|--------------------------|--------------|---------------------------|----------------|
| N/A | N/A | N/A | N/A | |

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:
person for

September 21, 2021

DATE OF NOTICE

notice

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF RELYING
ON RULE 10B5-1

is constitute Federal Criminal Violations (See 18 U.S.C. 1001)